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TE WHĀNAU O WAIPAREIRA

KOKIRITIA I ROTO I TE KOTAHITANGA

*Progressively Act in Unity*

# TE HAERENGA ROA O URBAN WHĀNAU

The Long Journey of Urban Māori Families

## Capturing Catalysts of Hauora

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# Research Question

- What catalysts have contributed to intergenerational gains in health and wellbeing for whānau who have been a part of Te Whānau O Waipareira?

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# Te Kauhau Ora O Waipareira

## CODE OF CONDUCT

### WE WILL UPHOLD THE MANA OF TE WHANAU O WAIPAREIRA TRUST BY:

Always acknowledging where we have come from and who we are.

Ensuring whanau are the centre of our world.

Always striving to better ourselves for the sake of our whanau.

#### WHANAUNGATANGA TAUTOKO

"Ano te ataahua te noho tahitanga a ngā taina me ngā tuakana i raro i te whakaaro kotahi."  
We establish and maintain positive relationships.

"Tautoko kia tu tangata, kia tu Rangatira."  
We support and encourage whanau to realise their full potential.

#### WAIKUATANGA KAWA

"He hōnore he kororia ki te Atua, he maungarongo ki te whenua, he whakaaro pai ki ngā tangata katoa."  
We act in the spirit of all that is good.

"Kia tipu he puawai hōnore mo te pani mo te rawa kore."  
We uphold the kaupapa in which the Te Whanau O Waipareira Trust was founded, its values, vision and standards - 'The Waipareira Way'.

#### WHAKAPAPA POHIRI

"Hoea te waka."  
We honour the past, the present and the future.

"Taku manu pōhiri e rere atu ra ki te tai whakarunga ki te tai whakararo ki ngā iwi o te motu nei."  
We embrace and welcome all.

#### MANAAKITANGA TE REO MĀORI

"Manaaki tangata."  
We are hospitable, fair and respectful.

"Tōku reo tōku oho oho tōku reo tōku māpihi maurea."  
We actively practice Te Reo Māori and Tikanga.

#### AROHA KOTAHITANGA

"Me aroha ki te tangata."  
We are empathetic, compassionate and have regard for all.

"Kōkiritia i roto i te kotahitanga."  
We progressively act in unity.



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# Methods

- **Recruitment**
  - 25 Whānau with a long history with Waipareira
- **Data collection**
  - Semi structured qualitative interviews
- **Analysis**
  - Manual thematic analysis

# Participant Demographics

	Generation 1	Generation 2	Generation 3
Age Range	65+	44-64	16-43
Migrated from hau kainga	Majority	1/2	Nil

# Aspiration

He tini whetū ki te rangi, he moemoeā, he tūmanako ki te tangata



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*“We're stargazers our whānau. And why I say we're stargazers, you know around Nga tini whetu. The idea around Nga tini whetu is that we will go to places where others have never been before.”*



# Community

Ehara taku toa i te toa takitahi, engari he toa takitini



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*“All the Maori’s used to go down to the Maori Community Centre. That’s where a lot of us met our husbands...”*



# Leadership

Pū ko te whānau ora, ara mai he tētēkura

*“Survival in the contemporary world requires a wide range of skills and expertise because the modern world is now a global village.” (Katene, 2010)*

*“We had the Maori experts. But you needed people who had been grassroots and the skills to move us forward, you know.” June Mariu iwi*

# Culture



*“it’s about that taha wairua side, that identity side. I guess, there was always felt like there was something missing for me. Never felt right. You never felt like...If you don’t feel like you belong, then you try and find your place of belonging. It gave me my place of belonging”*

# Summary

What catalysts have contributed to intergenerational gains in health and wellbeing for whānau who have been a part of Te Whānau O Waipareira?

- Aspiration (as a precursor to change)
- Community
- Leadership
- Culture